



## Cape Columbine Kayak Trails

**Grading:** 3-4 (moderate to challenging)  
**Length:** 2 days, 1 night  
**Season:** Autumn, Winter & Spring  
**Length of drive from Cape Town:** 2 hours



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We have two packages available in this area. The **Cape Columbine Sea Kayak Expedition** starts at Jacob's Bay on the West Coast Peninsula. Using sit-inside touring kayaks, we will paddle around Cape Columbine, stopping to camp on a deserted beach along the way. Day two will find us completing the trip at Paternoster. This is a quick escape to wilderness just a couple of hours from Cape Town. This area offers a beautiful coastline and rich marine life with frequent sighting of various seabirds, seals and often dolphins, whales and sunfish.

The **Sea Shack** package is aimed at less experienced paddlers and groups with mixed paddling experience. We will be based at the gorgeous Sea Shack in the Cape Columbine Nature Reserve. The more experienced paddlers will paddle the route from Trekoskraal to Sea Shack on one day and the other day will be devoted to the easier paddling route in the reserve, suitable for novices. And for those not keen on paddling at all, that's fine too!

**Cape Columbine Sea Kayak Expedition:** Whilst you don't need to be an expert, this trip is not for complete beginners – you'll need some paddling experience. If you are unsure, give us a call to chat.

We'll meet in the morning of day 1, pack our dry bags and then start paddling. We recommend you stay in the area the night before to make the start less of a rush. We'll finish after lunch on day 2 when you'll be shuttled back to your vehicle at Jacob's Bay. We recommend staying in Jacob's Bay the night before the trip starts.

Each trip is run as a self-contained expedition - we carry everything we need with us and take everything back out again at the end. All you need to provide is your personal camping gear and drinks of your choice. All meals are included from lunch on the Saturday, as are qualified guides, and boating and safety equipment.

**Sea Shack Package:** On weekends, this is a 2-day, 2-night package and includes glamping accommodation at Sea Shack in the Cape Columbine Nature Reserve. During the week, 1-night packages are also available. The standard package includes all meals, 1 day of open ocean paddling as well as a short paddle suitable for all skill levels. We are very happy to put together a bespoke package that suits your needs and could include more (or less) paddling as well as eBiking, hiking etc. This is a great experience for family and friend groups as well as corporates and schools.

Here's a link to a short video of one of the recce trips we did earlier this year:

<https://www.facebook.com/gravityadventures/videos/707370456727461>



## PRICELIST

Package	Cost	
Cape Columbine Sea Kayak Expedition (2 days, 1 night)	R2,950.00 pp	Min group size is 4, maximum is 6 Includes meals from dinner on day 1 to lunch on day 2.
Sea Shack weekend package (2 days, 2 nights)	R4,500 pp	Min group size is 6, maximum is 12 (subject to availability) Includes meals from dinner on day 1 to lunch on day 2 Includes accommodation at Sea Shack (sharing) 1 night packages available midweek
Wetsuit hire	R200.00 pp/weekend	



## Why Gravity?

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Gravity has an unwavering attitude towards quality and safety on all of their trips – some of the aspects which make Gravity one of the leading adventure companies in SA include the following;

- Limited group sizes – for safety and environmental reasons
- Only APA qualified guides, in the recommended guide: client ratios
- Top notch equipment

### **Are you a member of APA?**

Yes, we are Operating Members of APA and our guides are trained and qualified.

### **How do I get up to the Jacob's Bay or Cape Columbine?**

You will drive up in your own vehicle and meet our guides in Jacob's Bay at 9am on day of the trip. Full directions will be supplied on confirmation of booking.

### **What do I need to bring?**

We supply all of the paddling and catering gear. You will need to bring along your personal camping equipment and your choice of drinks. If you're staying at Sea Shack, all bedding is provided. A full kit list will be supplied on confirmation of booking.

### **Can I bring my camera?**

You can bring along your own camera but you'll need to provide a waterproof case or bag and we strongly recommend you arrange insurance just in case!

### **Do I need to be fit? What if I'm not a strong swimmer or paddler?**

Cape Columbine Sea Kayak Expedition - You don't need to be an athlete to enjoy this trip but you do need to have some ocean paddling experience – it's not for complete novices. Sea Shack – all skill levels and non paddlers welcome. You should familiarise yourself with what the trip entails and make an informed decision on your ability to participate, based on your own fitness. Each client is issued with a PFD ('Lifejacket') and is instructed on how to handle themselves in the water, you don't need to be a strong swimmer but please let us know if you are not confident in the water.

### **Is it safe? What about if I hurt myself?**

Whilst there is an inherent element of risk in every adventure, especially on the ocean, paddling with our professional guides should not be considered dangerous. Our guides are all trained in First Aid and we carry a First Aid kit. It is your responsibility to make sure you have any personal medication with you (e.g. asthma pumps, allergy medication etc.)

### **What will the meals be like?**

We pride ourselves on providing our clients with the best in bush cuisine. Space is limited on this trip but you'll still eat well. All meals are prepared fresh and consist of hearty, healthy main courses, followed by desert. Tea, coffee and hot chocolate are also provided.

### **Why restrict group sizes?**

Expedition groups are kept to 6 or less for safety and environmental reasons. This is a sensitive natural environment and we are as committed to keeping this unique area as pristine as possible. Sea Shack groups

are only limited by accommodation availability (max 24 people)

**What will the weather be like?**

In winter and spring the weather is generally cool to cold and sometime rainy. It is seldom windy and we will check the weather forecast before confirming the trip. In summer, the prevailing South easter wind can be too strong for paddling from time to time. We'll always have a second, backup date for if conditions are not suitable so bear this in mind in your planning.

**What other activities are available in the area?**

Its worth adding a day to your itinerary – Langebaan and the West Coast National Park are always worth a visit. Other attractions include Khwa Ttu San Reserve with its mountain bike trails or simply staying an extra night in Cape Columbine at the end of the trip. Chat to our bookings staff about what interests you and they will be able to make some suggestions or tailor make an itinerary for you.

**Any restrictions?**

The APA code of safety requires us to warn you against consuming alcohol or drugs in the 8 hours preceding the trip as well as at all times on the water.

*More Questions? Give us a call!*

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